



## **Urgent Appeal – Support our frontline workers and COVID-19 patients to have safe landing from this pandemic**

Women for Human Rights, single women group (WHR- Chhahari) is a National level NGO established in 1996 A.D working for the socio-cultural, economic, and political rights of widows. WHR is one of the largest member-based organizations with over 100,000 members in 2550 wards of municipalities of 77 districts of the country. In this journey of 25 years, there have been significant achievements made by WHR leading the single women's movement in Nepal and the region. Bringing the issues of widows into the national mainstream, but also instilled it as significant human rights and development issue in the international arena.

At present, after the pandemic was declared, everyone realized that in times of crisis, we have to help ourselves and the people around us. WHR has been actively working throughout the pandemic to address the humanitarian response ever since the first lockdown. WHR initiated the food bank serving the needy people in the community, managed Nepal's only women quarantine center, and different levels of relief support. The massive engagement of the people from all walks of life came together to support from the different levels; the local community, volunteers, and individuals in terms of cash, kinds, physical support, and encouragement which provided us a great enthusiasm to continue our work.

The second wave of Covid-19 infection in Nepal has been devastating and it is much more serious and wide-spreading. Like always, WHR as an active humanitarian organization is at the forefront of mobilizing its resources to COVID response.

Some of the activities being conducted by WHR:

### **i. One time cooked hot meal to the health personnel**

We have experienced that the country's medical infrastructure and services are exhausted. Many healthcare professionals like doctors, nurses, paramedics, ambulance drivers, and staff managing dead bodies of COVID patients are often devoid of nutritional food as a result of the government's restriction on mobility. This has risked the health of the very individuals who are dedicated to helping the public out of the pandemic.

WHR received a request from **Nepal Medical Association** to provide one time nutritional cooked meals to the health personnel (**doctors, nurses, paramedics, ambulance drivers and**



staffs managing dead bodies of COVID patient) from the COVID wards of government hospitals. Currently we are serving 500 health personnel from 8 hospitals.

During this difficult situation, we applaud the efforts and the selfless services extended by medical personnel in this dire situation. This is an act towards humanity to extend a gesture of gratitude to the people who are providing selfless service to others.

Calculating the minimum average cost of NPR.80 per meal, the total cost for 1 day to serve 500 meals is NPR.40,000.





## ii. Nutritional food to COVID patient at Banke district

Nepalgunj of Banke has been the main hotspot of the second wave of the Covid-19 pandemic in the country. While everyone is doing their bit to support in any way they can, WHR Banke group in coordination with Nepal Medical Association of Banke has started to provide nutritional food (egg, fruits and milk) to COVID patient at different government hospitals in Nepalgunj.

Currently the daily average cost to feed 250 patients in Nepalgunj is NPR.7500/.



*It is more necessary than ever for everyone to display solidarity, humanity and kindness to each other.*

Please join with us , in this fight to win over difficult situation. Together we will rise again.

Thanking you

Women for Human Rights Single Women Group ( WHR)

Hattigauda , Kathmandu